

# Healthy Green whole Juice

Cook: 5 minutes



## Step 1.

Place ingredients into blender in order listed

## Step 2.

Select SMOOTHIE setting and press Start.

## Step 3.

Pour into glasses and enjoy!

## Ingredients

Serves 2-3

500ml seedless green grapes

1 medium Orange Peeled and split  
in half

Small Granny Smith Apple cored  
and seeded

375ml Fresh pineapple chunks

200ml Fresh Mango chunks

1cm by 1cm fresh Ginger

250 Baby Spinach leaves

Ice Cubes

Mint to garnish